

# GCSE PHYSICAL EDUCATION

The content and structure of GCSE PE has dramatically changed. In previous years the marks awarded were split 60% practical and 40% theory. Now under the new syllabus this has been reversed. This has placed a greater emphasis on mathematical and scientific principles required for PE GCSE.

The syllabus is broken into 2 study areas:

1) The human body and movement in physical activity and sport

This will cover 4 main areas Applied anatomy and physiology, movement analysis, practical training and use of data.

2) Socio-cultural influences and well-being in physical activity and sport.

This module covers psychology in sport, Socio-cultural influences, Health, fitness and well-being and use of data.

## **How will I be assessed?**

There are two written exams, each exam is 1 hour 15 minutes long with a total of 78 marks and worth 30% of the GCSE. The exam comprises of a mixture of multiple choice, short answer and extended answer questions.

Practical performance requires the student to perform 3 activities in at least one team activity and one individual activity. The third choice can be either. The assessment is conducted internally by members of staff and moderated by AQA externally, each performance must be filmed to highlight the student completing the skills listed in the assessment criteria. The assessment is worth 100 marks in total, 25 per activity and a further 25 marks on the analysis and evaluation of performance on one activity.

## **What use would this qualification be after I leave school?**

The GCSE PE course can help to prepare you for A level PE, BTEC Sports and Leisure or a Diploma in sport and leisure.

With further training this course help to lead on a career in Sports coaching , Sport Psychology, Sport Rehabilitation, Physiotherapy, NHS, Civic service and Teaching.